

# Frequently Asked Questions: 200hr YTT

## 1. How much yoga experience do I need to take this training?

This training is designed for people who have had some introductory experience in yoga. The course will give you a solid foundation in the fundamental principles of yoga, and help you understand the body-mind relationship from a contemporary perspective that is suited to Western comprehension and practice. This course carefully covers everything you need to know to get you started teaching, and is also suitable for those who wish to deepen their yoga practice.

## 2. I have children and/or a full-time job. How much additional work/study will be expected of me outside of the training hours?

This training is designed to allow you the freedom to integrate your YTT experiences into your lifestyle outside of program. You will be expected to incorporate simple practices into your life, and there may be periodic practical assignments, but the main “homework” will be noticing how your yoga integrates into the life that you already live.

## 3. How is the DevaTree 200-hr program different from other yoga certifications?

The Cross-Disciplinary Yoga method was created by: Tamika Schilbe, M.S.W., E-R.Y.T. 1000 & Carolyn Jyoti Burke, M.S.W., R.S.W., E-R.Y.T. 1000

At DevaTree School of Yoga we are committed to offering a training experience that is inspiring and inclusive, and that gives you the tools and techniques that you need in order to confidently and effectively teach yoga.

Some of the special features of DevaTree’s Yoga Teacher Trainings are:

1. DevaTree is registered with both Yoga Alliance and Canadian Yoga Alliance, so graduates are eligible to become Registered Yoga Teachers (RYT).
2. All of our core faculty have years of experience teaching yoga instructors in various settings.
3. Each training includes a comprehensive, original manual.
4. Our trainings have an emphasis on experiential learning, so you have the opportunity to immerse yourself in the practice of what you are learning.
5. DevaTree’s philosophy of Student Self-Determination honours your uniqueness and empowers you to deepen your practice in a way that supports your individuality and personal growth, both on and off the mat.
6. Graduates are featured free of charge on the Graduate Directory on the DevaTree website, where they can promote their businesses. We refer people seeking yoga classes exclusively to our Graduate Directory.
7. DevaTree graduates have access to a 300+ item lending library of yoga and related books, videos, and audio-programs. The library is located in London, Ontario, with occasional drop-offs in Owen Sound.
8. The DevaTree faculty are dedicated, compassionate, and playful spirits who truly inspire and empower others.

9. If you are still wondering “why DevaTree?” we encourage you to reach out to graduates on our Graduate Directory and ask about their experiences in DevaTree trainings.

#### 4. What if I need to miss a session?

Prior to registering, please let us know if you need to miss a particular class and we will consider your situation. If illness or something unexpected occurs and you need to miss a class, homework will be assigned. Because of the time & energy involved in preparing, tracking, and reviewing homework for certification purposes, please note that there is a \$40 charge for each session/topic that is missed. (Note: Multiple sessions/topics are covered in a single day, so this can add up quickly.)

#### 5. What is the cost of the program, and what is included in the tuition?

The training cost is \$3200 plus HST (\$3616). The tuition includes 200 hours of instruction and a comprehensive training manual. DevaTree School of Yoga is registered through Yoga Alliance, and graduates of this program are eligible to register as an RYT.

Monthly payment plan options are available to those who register a minimum of 30 days prior to the start date of the program. If you register with less than 30 days before the start of the program, you will be required to pay the full amount of the tuition upon registration. Please email completed your Registration Payment forms to [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com). For questions regarding the program, please contact our Program Director at: [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com).

#### **Money Back Guarantee Policy**

We believe that this training will be transformational! If for any reason you are unsatisfied with the course after attending and participating fully in two full days of the training, we will refund your tuition in full, minus a 15% attendance fee. In order to refund your tuition, we ask that you comply with the following requirements: 1) Inform your program director, both in person and in writing, of your withdrawal from the program. 2) If you missed any sessions before you withdrew, any homework assigned must be completed and submitted. 3) Return your course manual to your program director. Once these requirements have been met, your refund will be processed within two weeks.

#### 6. What is the recommended reading list for this training?

1. Self-Awakening Yoga: The Expansion of Consciousness through the Body’s Own Wisdom by Don Stapleton
2. The Breathing Book: Good Health And Vitality Through Essential Breath Work by Donna Farhi
3. Moola Bandha: The Master Key by Swami Buddhananda
4. The Psoas Book by Liz Koch
5. Signing up for DevaTree’s newsletter will also give you access to yoga resources, tools, tips, and inspiration.

#### 7. How do I register for the program?

1) Confirm that there is space in the program: contact our Program Director at (519) 925-8594 or email [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com)

2) Complete the Program Application, Payment Form and review the FAQs provided by the Program Director via email.

3) Submit your Application Form and payment plan form to [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com). Indicate your preferred method of payment (interac e-transfer or credit card) on your Registration Payment form and whether you plan on paying in full or pay through the payment plan option. A non-refundable deposit is required to process your registration. **If you choose to pay in full, the balance of your tuition is due four weeks prior to the start of the program. If you choose to pay through a payment plan your nonrefundable deposit payment of \$565 is due immediately, followed by 6 equal payments of \$538.50.**

200 HR YTT PAYMENT OPTIONS				
	Deposit (due upon registration)	Balance	Total Tuition	Payment Deadline
Pay in Full	\$565 CAD	\$3,051CAD	\$3,616.00 CAD	Balance is due 4 weeks prior to the program start date.
Payment Plan ( <i>Includes \$30/payment processing fee</i> )	\$565 CAD	6 equal payments of \$538.50 CAD	\$3796.00 CAD	Payment Plan dates will be coordinated via email upon receiving your registration and deposit.

The payment form can be scanned and emailed to [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com) If you do not have a scanner, you can take a high quality photo of your form and email it to [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com).

Please note that your registration is complete only when both the application and payment form have been submitted to Terra Kula. We cannot guarantee spaces for people who submit partial registration.

4) We offer two different payment methods. You may pay your tuition by:

- a) Interac e-Transfer to [terrakulaconnect@gmail.com](mailto:terrakulaconnect@gmail.com) **Please make the password: yogayoga** (no caps, no spaces, all lower case) OR
- b) Pay by credit card as outlined on the registration form adding a \$30 processing fee per payment

## 8. What is your cancellation policy?

In the event of a cancellation, the balance of the training cost is refundable, less the non-refundable deposit, if cancellation occurs more than 15 days prior to the start date of the program. All refunds will be subject to a 10% administration fee. For cancellations made 15 days or less prior to the start date of the training, all tuition paid is non-refundable. If cancellation is due to urgent medical or

compassionate circumstances (defined as death of immediate family member, natural disaster or life threatening illness), consideration for a transferable credit will be given. Students who wish to transfer their deposit to a different program must submit their request to transfer 15 or more days before the start of the program. A 10% administration fee applies; transferring registration to a different program is permitted only once.